

FOCUS QUESTIONS FOR **COMMUNITY HEALTH**

1. Write a sentence that describes the main ideas of Chapter 4.

2. What is one thing you could do to help improve the health of your community?

3. What are environmental factors based on?
 - A. the groups people are part of
 - B. the resources people have
 - C. people's surroundings

4. Which of these is a social factor?
 - A. the number of surveys that CHWs do
 - B. the amount of pollution in the air
 - C. the amount of money a person has

Answer Key for Community Health

1. Answers will vary
2. Answers will vary
3. C
4. C

FOCUS QUESTIONS FOR EMOTIONAL HEALTH

1. Write a sentence that describes the main ideas of Chapter 3.

2. Do you find it easy or hard to name what you are feeling? Why do you think that is?

3. What is an example of a healthy way to express sadness?
 - A. pretending not to be sad
 - B. drawing how you feel
 - C. shouting at a friend

4. What could be a healthy response if someone is feeling angry?
 - A. slamming a door
 - B. going for a walk
 - C. shoving a person

Answer Key for Emotional Health

1. Answers will vary
2. Answers will vary
3. B
4. B

FOCUS QUESTIONS FOR INTELLECTUAL HEALTH

1. Write a sentence that describes the main ideas of Chapter 2.

2. What is your favorite thing to learn about? What do you like about it?

3. Which condition mainly affects a person's ability to read?
 - A. ADHD
 - B. autism
 - C. dyslexia

4. Why might knowing many types of people help someone be curious?
 - A. They could get the same answers from each person.
 - B. They could disagree with each person's way of seeing the world.
 - C. They could learn about each person's different way of seeing the world.

Answer Key for Intellectual Health

1. Answers will vary
2. Answers will vary
3. C
4. C

FOCUS QUESTIONS FOR PHYSICAL HEALTH

1. Write a sentence describing what good physical health involves.

2. What is one action you could take to improve your physical health? How would this action be helpful?

3. Which of these is a chronic illness?
 - A. strep throat
 - B. the flu
 - C. asthma

4. Why might companies that sell health products be unreliable sources of information?
 - A. They might say only bad things about their products.
 - B. They might say only good things about their products.
 - C. They might not want people to buy their products.

Answer Key for Physical Health

1. Answers will vary
2. Answers will vary
3. C
4. B

FOCUS QUESTIONS FOR **PUBLIC HEALTH**

1. Write a paragraph that explains the main ideas of Chapter 2.

2. Do you think it's more helpful to treat diseases or prevent them? Why?

3. What type of work does an epidemiologist do?
 - A. study diseases and how they spread
 - B. plan ways for cities to increase people's health
 - C. take care of sick students at a school

4. Which of these would be an environmental factor?
 - A. how many factories are near a neighborhood
 - B. how many close friends a person has
 - C. how much sugar a person eats each day

Answer Key for Public Health

1. Answers will vary
2. Answers will vary
3. A
4. A

FOCUS QUESTIONS FOR **SOCIAL HEALTH**

1. Write a paragraph describing what a healthy relationship looks like.

2. Do you prefer hanging out in a big group or with just a few friends? Why?

3. Which phrase describes a person who is isolated?
 - A. someone with many relationships
 - B. someone with few relationships
 - C. someone who sees many people but doesn't feel close to them

4. What effect would closing a city park have on people's social health?
 - A. People would be less likely to become isolated.
 - B. People would be more likely to become isolated.
 - C. People would become more socially healthy.

Answer Key for Social Health

1. Answers will vary
2. Answers will vary
3. B
4. B