

## Lesson Plan

### Exploring Examples

**Book:** *Wrestling*

**Series:** Sports

**Level:** Scout

### Objective

To help students practice retelling the main points of a text and identifying examples that illustrate those points.

### Supplies

- *Wrestling* book
- Paper and pencils

### Before the Activity

Read the *Wrestling* book out loud to students.

### Activity

In this activity, students will take a closer look at the “How to Wrestle” chapter. Ask students the following questions, showing students the relevant page as you talk about it:

- Page 10 tells three things that wrestlers do. What are those three things? (Answer: Wrestlers hold, grab, and pull.)
- Page 12 gives an example of grabbing. What does the boy grab, and what is he trying to do? (Answer: He grabs the other boy’s leg. He is trying to make that boy fall.)
- Page 14 gives an example of holding. What is the boy in this example trying to do? (Answer: He tries to keep the other boy on his back.)
- Which of the three things mentioned on page 10 does not have an example so far? (Answer: pulling)

Have students take 20 seconds to think of a way a wrestler might use pulling. Then have them turn and share their idea with a partner. Students should explain their idea to their partner, including what the wrestler might be trying to do. Then come back together as a large group. Call on three or four students to share their ideas with the rest of the class.

### Evaluation

Could students answer the questions about the chapter? Could they think of examples to share with a partner?

**Standards**

This lesson may be used to address the Common Core State Standards' reading standards for informational texts, grade K (RI K.1, K.3).