

Lesson Plan

Sports in Action

Book: *Soccer*

Series: Sports

Level: Scout

Objective

To help students demonstrate comprehension of a text read out loud by answering questions about key details.

Supplies

- Soccer book
- 2 soccer balls
- 8 cones
- A large, open area for an active game

Before the Activity

In a large, open area, set up the cones for a two-team relay activity. Place four of the cones in a straight line, leaving space between each cone. Set up the other cones in a line a few feet away from the first row of cones.

Activity

Read through the *Soccer* book with students, choosing a different student to read the text on each page. Then ask students to describe things they remember about how to play soccer.

Their list should include the following items:

- Two teams play soccer.
- Players can't use their hands.
- Players kick the ball with their feet.
- Players try to kick the ball into the other team's net.
- When the ball goes into the net, one team scores a goal.
- The team that scores more goals wins the game.

If needed, ask questions to prompt students until they have listed all the above items. Explain that because soccer players can't use their hands, they must use their feet to guide the ball. Kicking the ball where they want it to go takes practice. To practice, players often use drills. Drills are games or activities that help players learn skills for their sport.

Students get to try a soccer drill today. Bring the students to the large, open area and play the following game. Divide students into two equal teams. Each team should form a line facing a row of cones. Explain that the teams will do a relay race. Demonstrate kicking the ball in a curving pattern that goes around and between each cone, explaining that students must kick the ball through the cones just like this. When students get to the last cone, they should turn around and give the ball one big kick so it goes all the way back to the next student in their team's line. Then they should run back toward their team. As soon as they reach the team, the next student can start kicking the ball through the cones.

Evaluation

After each student kicks the ball through the cones and runs back to join the team, he or she should sit down. The first team with all the students sitting down wins the relay.

Standards

This lesson may be used to address the Common Core State Standards' speaking and listening standards, grade K (SL K.1, K.2).