

Lesson Plan

Making Movements

Book: *Dance*

Series: Sports

Level: Scout

Objective

To help students practice collaborating and remembering the steps in a sequence.

Supplies

- *Dance* book
- Music player
- Upbeat song

Before the Activity

Ask students to read the *Dance* book on their own.

Activity

There are many kinds of dance. Some people dance just for fun. Others perform on stages. Some dancers are part of ballets or plays. These dancers use their movements to tell stories. Each dancer learns a pattern of movements. They do one movement after another. All together, these movements form a dance. Dancers must do the movements in the correct order. And they must do each movement at exactly the right time, so that it matches the music.

Divide students into three or four groups. Students in each group should work together to create a pattern of movements. All the students in a group should stand in a circle. For each group, choose one student (Student A) to do a dance move. The next student to the left (Student B) should copy this dance move. Then Student B should add a new dance move. The third student (Student C) should do Student A's dance move, Student B's dance move, and then add his or her own move. The fourth student (Student D) would do Student A's move, Student B's move, Student C's move, and so on. Continue all the way around the circle until each student in the group has added a move to the dance.

Then, play the song and have each group perform the entire pattern together. They should try to do each move in time with the music.

Evaluation

Could students remember the order of all the dance moves? Were they able to do them in time with the music?

Standards

This lesson may be used to address the Common Core State Standards' reading standards for informational texts, grade 1 (RI 1.10).