

## Lesson Plan

### Finding Role Models

**Book:** *Helping as a Mentor*

**Series:** Community Helpers

**Level:** Pioneer

### Objective

To help students understand the meaning of mentors and role models, and to identify examples from their own lives.

### Supplies

- *Helping as a Mentor* book
- Whiteboard

### Before the Activity

Read *Helping as a Mentor* out loud to students.

### Activity

*Helping as a Mentor* describes some of the many ways that older people can help younger people. Ask students to list a few of the things that mentors may do with their partners. Write their answers on the whiteboard, using the following sample answers as a guide:

- help partners learn skills or do schoolwork
- help partners feel supported or gain confidence
- talk about life, feelings, and experiences
- listen and give advice
- do an activity, such as play games or visit places

Turn to page 10 and invite a volunteer to read the Did You Know? fact on this page out loud: “Mentors can be role models. They show younger people how to act.”

Next, turn to the glossary on page 23 and read the definition for *role models* out loud: “People who others look up to as examples.”

Ask students to spend a few moments thinking of someone who is a role model to them. This person might have a skill or job students hope to have one day. For example, Aaron Judge could be a role model for a student who wants to play baseball. Or a role model might act in a way students admire. For example, students might want to be like a teacher or family member who is kind.

Next, have students turn and share their answers with partners. After giving partners a few minutes to talk, come back together as a class. Invite two or three volunteers to share their answers with the large group.

### **Evaluation**

Could students recall the details from the book? Could they think of role models of their own?

### **Standards**

This lesson may be used to address the Common Core State Standards' reading standards for informational text, grade 1 (RI 1.1, 1.4, 1.5), and speaking and listening standards, grade 1 (SL 1.1, 1.2).