

FOCUS ON

# Writing in a Journal

- 1.** Write a paragraph that explains the main ideas of Chapter 3.
- 2.** Would you prefer to write a journal in a notebook or on a computer? Why?
- 3.** What should every journal entry include?
  - A.** the date
  - B.** a happy memory
  - C.** a metaphor
- 4.** When are prompts most useful?
  - A.** when you just got back from a fun vacation
  - B.** when you got into an argument with your friend
  - C.** when you can't think of anything to write about

**5.** What does **schedule** mean in this book?

*Try to keep a regular **schedule** with your journal. Some people write every day. But it doesn't have to be that often.*

- A.** a person who is good at writing
- B.** a plan for doing something at a specific time
- C.** a book that includes thoughts and feelings

**6.** What does **experiment** mean in this book?

*Journaling is also a good way to **experiment**. For example, you can try new styles of writing.*

- A.** to try something different
- B.** to avoid writing for many days
- C.** to think about your favorite writers

## Answer Key:

1. Answers will vary
2. Answers will vary
3. A
4. C
5. B
6. A