

Lesson Plan

Mealtime Unscramble

Book: *Helping at Mealtime*

Series: Spreading Kindness

Level: Pioneer

Objective

To help students build vocabulary related to manners, food, and mealtime.

Supplies

- *Helping at Mealtime* book
- Mealtime Unscramble worksheet (attached)

Before the Activity

Read the *Helping at Mealtime* book out loud to students. Hand out the Mealtime Unscramble worksheet or email copies to students.

Activity

Helping at Mealtime describes ways people can help make, serve, and put away food. The Mealtime Unscramble worksheet includes several vocabulary words related to these topics. But the missing word in each sentence has gotten all scrambled up! Students should unscramble the letters and write the word in the blank.

Evaluation

Collect the worksheets and use the attached answer key to give students 1 point for each correct answer, for up to 12 points.

Standards

This lesson may be used to address the Common Core State Standards' reading standards for informational text, grade 2 (RI 2.4, 2.5).

Mealtime Unscramble

1. **beevegsta**

You can wash or peel _____.

2. **amersue**

You can help _____ ingredients.

3. **tringdenies**

_____ are foods that are mixed together to make a meal.

4. **nidocstmen**

_____ are things that add flavor to food.

5. **stulines**

_____ are tools that people use to eat.

6. **revse**

You can help hold dishes or _____ food.

7. **kidsnr**

You can pour _____ for people.

8. **esstta**

Don't say something _____ bad.

9. okoc

Instead, thank the _____ for making the food.

10. feltrove

After eating, put away _____ food.

11. hashweird

Then wash dishes or put them in a _____.

12. neckthi

Cleaning up gets the _____ ready for the next meal.

Mealtime Unscramble **ANSWER KEY**

1. **beevegsta**

You can wash or peel **vegetables** .

2. **amersue**

You can help **measure** ingredients.

3. **tringdenies**

 ingredients are foods that are mixed together to make a meal.

4. **nidocstmen**

 condiments are things that add flavor to food.

5. **stulines**

 utensils are tools that people use to eat.

6. **revse**

You can help hold dishes or **serve** food.

7. **kidsnr**

You can pour **drinks** for people.

8. **esstta**

Don't say something **tastes** bad.

9. okoc

Instead, thank the **cook** for making the food.

10. feltrove

After eating, put away **leftover** food.

11. hashweird

Then wash dishes or put them in a **dishwasher** .

12. neckthi

Cleaning up gets the **kitchen** ready for the next meal.