## FQCUS READERS

### **Lesson Plan**

### How Helpful?

**Book:** *Detecting Injury* **Series:** Medical Detecting

Level: Navigator

#### **Objective**

To help students identify the benefits and drawbacks of different methods for detecting injury.

#### Supplies

- Detecting Injury book
- How Helpful? worksheet (attached)
- Pencils

#### **Before the Activity**

Print a copy of the How Helpful? worksheet for each student. Read *Detecting Injury* out loud as a class, or assign it to students to read on their own.

#### **Activity**

Give each student a copy of the How Helpful? worksheet. Explain that the worksheet contains a list of four major methods for detecting injury. For each method, students should write one sentence explaining a benefit of the method. Why is it useful, or what can it do well?

Then students should write one sentence explaining a drawback of the method. What are its limitations? What can it not do? If needed, students may use the book for reference.

#### **Evaluation**

Could students correctly identify benefits and drawbacks of several different injury detection methods?

#### **Standards**

This lesson may be used to address the Common Core State Standards' reading standards for informational text, grades 4–7 (RI 4.1, 4.4, 4.7; 5.1–2, 5.4; 6.1–2, 6.4, 6.7; 7.1, 7.4).

# How Helpful?

METHOD:	BENEFIT:	DRAWBACK:
Looking and feeling		
X-ray studies		
CT scans		
MRI scans		

## How Helpful? ANSWER KEY

METHOD:	BENEFIT:	DRAWBACK:
Looking and feeling	blood or bruises can show where an injury is; a body part looking or feeling different than normal can indicate a problem	many injuries don't show up on the outside; many injuries can't be felt on the outside; touching could harm some injuries more
X-ray studies	they can show bones well; they can show tumors; they are not as expensive as some methods	they don't tell much about soft tissues; they use radiation; they don't show concussions
CT scans	they let doctors see the brain; they are fast; they make detailed images; they are cheaper than MRIs	they use radiation; patients must lie still; they are less detailed than MRI scans; the machines are not very portable
MRI scans	they let doctors see the inside of the body; they are more detailed than CT scans; they do not use radiation	patients with metal in their bodies can't have MRI scans; patients must lie still; patients could feel claustrophobic; they are more expensive than CT scans; they take longer than CT scans; the machines are not very portable