

Lesson Plan

What a Doctor Does

Book: *We Need Health Care Workers*

Series: Essential Jobs

Level: Pioneer

Objective

To help students explore the various ways that doctors and nurses help people stay healthy.

Supplies

- *We Need Health Care Workers* book
- “Let’s Go to the Doctor!” video from Kids Academy:
<https://www.youtube.com/watch?v=bwx2Z69S0YA>

Before the Activity

Pull up the “Let’s Go to the Doctor!” video in your web browser.

Activity

We Need Health Care Workers describes the many kinds of workers who help people who are sick or hurt. Chapter 2 (“Caring for Patients”) describes how doctors and nurses help patients. Read this chapter out loud. Ask the following question:

- According to this chapter, what do doctors and nurses do? (Answers: care for patients, work at hospitals and clinics, find what is wrong with each patient, plan how to help, help people stay healthy)

To help students learn more about how doctors and nurses care for patients, play the “Let’s Go to the Doctor!” video, starting at 00:08 and ending at 04:02 to avoid ads. Then ask the following questions:

- According to this video, what is a doctor’s job? (Answer: A doctor helps people stay healthy.)
- What types of things does a doctor do? (Answers: talks to patients/parents to find out how people feel; gives checkups to make sure people’s bodies are healthy; uses a stethoscope to check a person’s heart and lungs; checks a person’s mouth, ears, or nose; gives hurt or sick people something to help them feel better)
- What is a nurse? (Answer: A nurse is someone who helps the doctor.)
- What types of things does a nurse do? (Answers: asks questions and writes the answers down for the doctor, helps the doctor do a checkup)

Both the book and the video explain that there are many different types of doctors. Ask students the following questions:

- A dentist is a type of doctor. According to the book, what does a dentist do? (Answer: A dentist looks at people's teeth.)
- What two types of doctors did the video describe? What do those doctors do? (Answer: An optometrist is an eye doctor. A veterinarian is a doctor who helps animals.)

Evaluation

Could students answer the questions about the chapter from the book and about the video?

Standards

This lesson may be used to address the Common Core State Standards' reading standards for informational text, grade 1 (RI 1.1), and speaking and listening standards, grade 1 (SL 1.2).